



Entradas / Appetizers

Empanada de Carne 1.15
Beef Turnover



Arepa 1.15
White Corn Tortilla

Arepa con queso 2.95
White Corn Tortilla with Mozzarella Cheese

Chicharrón 4.50
Pork Rinds



Chorizo 3.50
Colombian Sausage

Morcilla 3.50
Blood Sausage

Papa Criolla 4.95
Colombian Potatoes

Mini Picada 6.95

Chorizo, chicharron, arepa, papa criolla.
(Sausage, pork rinds, white corn tortilla and colombian potatoes)

Sopas / Soups

Sancocho de Res - Arroz 6.95
Beef Pottage with Rice



Mondongo, Arroz 6.95
Tripe soup with rice

Consomé 2.95

Carnes / Beef

* **Churrasco corte Colombiano** 14.95
NY steak butterflied cut Colombian style



* **Churrasco Monserrate** 13.50
Grilled steak Colombian style

* **Parrilla Mixto de Carnes Chuleta ahumada, Pechuga de Pollo y Churrasco Monserrate.** 13.95
Mixed meat platter - smoked pork chop, grilled chicken and grilled steak

* **Bistec a la Colombiana** 10.95
En salsa de cebolla y tomate. Steak cooked in our -hogao- Colombian sauce made of tomatoes and onions

* **Palomilla** 9.95
Thin sirloin steak

* **Sobrebarriga en Salsa** 10.50
Bistek of Beef in Colombian Sauce

Hígado a la Plancha 9.95
Grilled liver steak

Pescado / Fish

Pargo Rojo Frito 14.95
Whole fried red snapper

Filete a la Plancha 11.95
Grilled swaii filet

Filete en Salsa 12.95
Swaii fillet cooked in our (Hogao) Colombian sauce made of tomatoes and onions

Mojarra en Salsa 12.95
Whole red tilapia cooked in our (Hogao) Colombian sauce made of tomatoes and onions

Mojarra Frita 11.95
Whole fried red tilapia



Cerdo / Pork

Chuleta a la Plancha 9.50
Grilled pork chops

Chuleta Empanizada (Valluna) 9.95
Breaded pork loin

Acompañantes / Sides

Todas las carnes salen con 2 acompañantes
(All meats have 2 sides to choose)

Arroz Maduros Tostones Papa Salada
Frijoles Papas Fritas Ensalada Arepa

*Consumir carnes, pollo, pescado o huevos no bien cocinados pudiese incrementar el riesgo de enfermedad por contaminación, especialmente si usted padece de alguna condición médica.

*Consuming RAW or undercook meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

Platos Típicos Monserrate House Specialities



- * **Tipica Monserrate con Carne Molida, Carne Asada o Pollo.** 14.95
Arroz, frijoles, chicharrón, huevo frito, tostones, papa salada, chorizo, morcilla, arepa y aguacate en temporada.
Platter with chopped beef, grilled steak or chicken, rice, beans, pork rinds, fried egg, fried green plantains, boiled salted potato, sausage, blood sausage, white corn tortilla and avocado when available.



- Bandeja Paisa con carne molida, carne asada o pollo** 10.95
Arroz, frijoles, chicharrón, arepa, huevos fritos y maduros.
Platter with chopped beef, grilled steak or chicken, rice, red beans, pork rinds, white corn tortilla, fried egg and sweet plantains.
- Picada** 11.95
- * **Morcilla, chorizo, carne, chicharrón, arepa y tostones.**
Chop platter with blood sausage, Colombian sausage, steak, pork rinds, white corn tortilla and fried green plantains.



- Tamal Tolimense** 7.95
Chicken and pork mixed on a rice tamale
- Sobrebarriga a la Plancha** 10.50
- * **Con papa chorreada y arroz.**
Grilled flank steak with our Colombian sauce made with onions, tomatoes and cheese melted over a boiled potato and white rice.
- Calentado** 7.95
- * **Arroz, frijol rojo, chicharron, huevo, arepa y maduros.**
Mixed rice and beans, pork rinds, fried egg, arepa and sweet plantains.
- Huevos fritos, arroz y maduros** 5.95
- * **Fried eggs, rice and sweet plantains**

Extras

- Carne Molida** 4.50
Chopped beef
- Papa Chorreada** 3.25
Boiled potato cover with our Colombian sauce made of onions, tomato and cheese
- Tostones** 2.95
Fried green plantains
- Maduros** 2.75
Sweet plantains
- Frijoles Rojos** 2.75
Red beans
- Arroz Blanco** 2.75
White rice
- Papas Fritas** 2.75
French fries
- Papa Salada** 2.75
- * **Huevo** 1.25
Egg
- Tajada de Queso** 2.25
Slice of white cheese
- Ensalada** 3.50
Salad

Pollo / Chicken

- Pechuga a la Plancha** 10.50
Grilled chicken breast
- Nuggets y Papas Fritas** 5.95
Chicken Nuggets and French Fries

Bebidas / Beverages

- Sodas** 1.75
*Colombiana / Manzana / Coca Cola
Diet Coke / Sprite*
- Batido de Frutas** 3.25
Lulo, Mora, Maracuya, Guanabana y Mango.



- Té Frio** 2.25
Unsweetened Iced Tea
- Té Caliente** 2.25
Hot Tea
- Agua de Panela** 2.75
Raw brown sugar with lemon, hot or cold
- Cerveza** 3.75
Aguila, Corona, Miller Lite, Heineken
- Botella de Vino de la Casa** 19.00
House Wine Bottle
- Copa de Vino de la Casa** 4.95
Glass of wine
- Tinto y Café Expreso** 1.95
- Café con Leche** 2.25
Coffee with Milk
- Leche** 2.00
Milk

Postres / Desserts

- Natas** 3.95



- Tres Leches** 4.00
- Flan de Leche** 3.50
Milk Flan
- Arequipe** 2.95
Sweet Cream of Milk
- Brevas con Arequipe** 4.25
Figs with Sweet Cream of Milk
- Brevas en Almibar** 2.95
Figs in Syrup
- Brevas en Almibar con Queso** 4.25
Figs in Syrup with White Cheese

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Opening Hours: Everyday 11am to 9pm

@monserratedoral

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www.mionserrate.com